

Help

*My help cometh from the LORD, which made heaven and earth.
Psalm 121:2*

This very familiar psalm reminds us that the LORD is our powerful helper, unto whom we can look for help at all times. It is notable how often in the scriptures the power of the LORD is represented in reference to creation. Should we ever consider a source for help other than Him, the simple conclusion is that there is no other who has made heaven and earth, and all that is in them. There is nowhere else in the world, not even the hills full of the false gods of the idolaters to which the psalmist refers, where we should look for help. There is only one helper, and He is our Creator. All others that He may employ to bring us aid can be appreciated, but we must always remember that they are subservient to Him, who created them also.

As He is described here as the help, keeper, shade (protector), and preserver of Israel, so the heathen justified by faith in Christ Jesus and blessed with faithful Abraham (Galatians 3:9) may also lift our eyes unto Him for all these things. His keeping power is described here to not allow our foot to be moved. This figure is reflected in the apostle's exhortation to be "stedfast, unmoveable, always abounding in the work of the Lord" (I Corinthians 15:58), as we understand the power of His resurrection to deliver us from eternal death. As a shade to protect from the heat of the sun, so the LORD will protect His own from them who would harm them (I Peter 3:13). Note in this regard that, in His sovereign plan, He may yet allow us to suffer for righteousness' sake (I Peter 3:14) as we follow in His steps, yet even through such circumstances He will keep us unto Himself. So finally He is described as the preserver of the soul. Even as Jesus spoke of those who choose to follow Him, "Whosoever shall seek to save his life shall lose it; and whosoever shall lose his life shall preserve it" (Luke 17:33), the apostle Paul could confidently say "And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen" (II Timothy 4:18). Let us also confidently add our Amen to his.